



Information for Coaches – Updated 25 March 2021

Further information can be found here:

https://www.thefa.com/news/2021/mar/24/fa-guidance-for-return-to-grassroots-football-20210324?sc_src=email_1049352&sc_lid=74745768&sc_uid=MNST94jBWk&sc_lid=37198

- All participants must follow the government's guidance on [safer travel](#)
- Training for teams must have minimal contact.
- Spectators are not allowed. One parent/carer per child is allowed.
- Everyone should follow the FA Code of Behaviour.
- All players must be signed on with the club
- Informed written consent for involvement in any activity is required from all players (or parent/carers of under 16s)
- Self-assessment must be carried out by all participants before setting off to any session, coaches required to check this is negative for all participants before the session starts and, confirm to the club secretary (Lesley Milne) that all checks were negative after the session is over. **
- Anyone with symptoms should not attend*.
- The secretary should be informed if you are not attending a scheduled session or match and should be informed of all friendlies or tournaments in which your team is planning to take part.
- You **must** now adhere to the NHS Test and Trace System. To make this simpler to manage, coaches will now keep their own record of who attended their sessions/matches and will be asked for their list if required. For data protection/GDPR purposes, any transmission of personal data should only be through the club secretary (Lesley Milne), please do not send it to anyone else. Lists should be deleted after three weeks. Please click on this link to open the agreement which must be signed before you can return to training:
<https://saddleworth3dsfc.aidatform.com/test-trace-self-screen>
- When collecting test and trace information at matches the home team is responsible for collecting the details of:
 - Their own players
 - Referee
 - Officials from the opposing team (but not their players)

- Check with opposition coach that he has a list for own team at friendlies (there should be a match card in place for competitive games).
- Strict hygiene practices to be followed at all times. Alcohol-based hand sanitiser used before, during and after sessions.
- Coaches should be familiar with the FA's safeguarding policies
- Coaches should at all times, carry details of player's medical conditions
- Coaches should check players with asthma have their inhalers before the start of all sessions
- Coaches should at all times carry emergency contact details for all players
- Coaches should be aware of and maintain the correct adult coach to children ratio
- Goalposts, corner poles to be disinfected before match, at half-time and at the end of a match, home team are responsible. Keepers should disinfect gloves regularly during the session.
- Participants should arrive changed and ready for exercise.
- No sharing of water bottles or other equipment.
- No spitting.
- No chewing gum is allowed.
- No shouting in close proximity to anyone else.
- Balls going out of play only to be retrieved by participants and ideally always with feet rather than hands.
- Please make a rubbish bag available and remove the sealed bag safely from the site at the end of the session.
- Players should wash their own kits.

*Should an individual have demonstrated any such symptoms, they must not participate. Instead they should follow NHS and PHE guidance on self-isolation available [here](#). Anyone who has already been instructed to self-isolate by a health care practitioner or PHE should continue to follow this advice and may not participate.

Stay Safe

Saddleworth 3Ds FC

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